Year 6 – end of Primary	Year 7	Year 8	Year 9	Year 10	Year 11	School Leavers at 16	Year 12	Year 13	School Leavers at 18
The skills and	First 4 lessons at			Core	Core	Level 3 BTec	Level 3 BTec	Level 3 BTec	University
experience of the KS2	the start of the	Groups are set	Groups are set	Students to apply	Students will be	sport	Sport	Sport	degrees in many
curriculum students	academic year	by ability with	by ability with	their knowledge	given more	Level 3 A Level PE	Unit 1 (exam)	Unit 3	areas of sport.
come to HPS can be	are used to	all students	all students	and skills in game	choice of	Apprenticeships	Anatomy and	(coursework)	
varied. Much	assess	participating in	participating in	situations,	activities so they	and employment	Physiology	Professional	Apprenticeships
depends on the skill	Fundamental	the same	the same	showing problem	can specialise and	in the Leisure	Unit 2 (exam)	development in	and employment
set of a Primary	Motor Skills and	activities with	activities with	solving,	progress further.	Industry.	Fitness Training	the sports	in the Leisure
school teacher and/or	set a baseline	the emphasis on	the emphasis on	communication	Focus will be on	,	and programming	industry	Industry
the school offering	target grade.	developing the	developing the	and tactical	how exercise and	Soft skills and	for Health, sport	Unit 4	,
outside sports	Further	skills and	use of tactics	awareness. Focus	physical fitness	transferable skills	and well-being	(coursework)	Transferable skills
specialists to take	moderations	techniques from	and strategies	on how exercise	can improve	will help in any	Unit 23	Sports Leadership	(leadership,
lessons.	take place in	year 7 into more	into	and training	overall well-being	pathway they	(coursework)	Unit 5	communication,
KS2 PE curriculum	November,	game/match	game/match	routines can	including stress	choose.	Skill Acquisition in	(coursework)	cooperation,
Pupils should be	February and	related	related	enhance	reduction.	(leadership,	sport	Application of	teamwork,
taught to:	June to	situations. Task	situations.	performance.	Activities.	communication,		Fitness testing	discipline, self-
Use running,	standardise	and match	Task and match		Handball	cooperation,		Unit 22 (exam)	belief, self-
jumping, throwing	student	situations will	situations will	Activities.	Basketball	teamwork,	Extra curricular	Investigating	management and
and catching in	performance	be	be	Football	Dodgeball	discipline, self-	opportunities to	business in sport	problem solving
isolation and in	and teacher's	differentiated	differentiated	Netball	Uni-hoc	belief, self-	improve skills,	and the active	will help with
combination.	assessment	for each ability	for each ability	Handball	Badminton	management and	fitness,	leisure industry	courses or
Play competitive	grades.	group.	group.	Basketball	Table Tennis	problem solving.	enjoyment and	Unit 24	employment.
games, modified	Year 7 activities	Continue to	Continue to	Dodgeball	Fitness Suite		competition	(coursework)	The BTec course
where appropriate	strive to:	understand and	understand and	Uni-hoc	Football	An understanding	Recreational	Sports	allows you to
and apply basic	Develop motor	follow rules	follow rules	Badminton	Netball	of a healthy and	clubs and school	performance	present work in a
principles suitable for	skills/	showing	showing	Table Tennis		active lifestyle.	team	analysis	variety of ways
attacking and	techniques.	Sportsmanship.	Sportsmanship.	Fitness Suite	GCSE PE		opportunities.	Unit 26	enhancing
defending.	Understand and	Continue to	Continue to	Training Methods	Theory	The goal is to give		(coursework)	communication
Develop flexibility,	follow rules	understand how	understand how	OAA	3.2.1 Sports	every student the		Technical and	skills, confidence
strength, technique,	showing	to work	to work	Athletics	psychology	necessary skills to		tactical demands	and the ability to
control and balance.	Sportsmanship.	independently	independently	Striking and	3.2.2	engage in lifelong		in sport	work
Take part in outdoor	Understand how	and within	and within	Fielding	Socio-cultural	participation in			independently
and adventurous	to work	teams and	teams and	0005 D5	influences	some sort of		Extra curricular	and within a
activity challenges	independently	starting to	starting to	GCSE PE	3.2.3 Health,	sport or physical		opportunities to	team.
both individually and	and within	develop an	develop an	Theory	fitness and	activity.		improve skills,	Unit 3 develops
within a team.	teams.	awareness of	awareness of	3.1.1 Applied	wellbeing			fitness,	student's
Compare their	Analyse their	tactics and	tactics and	anatomy and	NEA	Ta halmatudanta		enjoyment and	understanding of
performances with	performance. Understand how	strategy. Analyse their	strategy as well as	physiology 3.1.2 Movement	NEA Practical	To help students understand how		competition Recreational	the application and interview
previous ones and	to live an active	and peer's	asanalysing	Analysis	performance	physical fitness		clubs and school	process for
demonstrate	healthy lifestyle.	performance.	individual and	3.1.3 Physical	3 strongest sports	enhances your		teams	careers in the
improvement to	mealthy mestyle.	periorillatice.	team	Training	to be completed	lifestyle and helps		opportunities.	sports industry
achieve their			performance.	3.1.4 Use of data	for external	with mental		opportunities.	but can be
personal best.			periorinance.	3.1.7 03C 01 data	moderation	health.			Dat can be

Activities.	Develop basic		NEA				utilised for any
Handball	leadership skills	Continue to	Practical				career.
Basketball	including	develop basic	performance	<u>Cambridge</u>			
Football	leading warm	leadership skills	in a range of	Nationals in			
Netball	ups.	including	sports	sports studies			
Uni-hoc	Further	leading warm		Sport and the			
Dodgeball	understanding	ups and skill	Analysis of	media.			
Short Tennis	of how to live an	development.	performance in 1				
Fitness Circuit	active healthy		sport	Contemporary			
Fitness Training	lifestyle	Further		issues in sport			
methods		understanding	<u>Cambridge</u>				
OAA	Activities.	of how to live an	Nationals in				
Athletics	Handball	active healthy	sports studies	Extra curricular			
Softball	Basketball	lifestyle	Performance and	opportunities to			
	Football		Leadership in	improve skills,			
Extra curricular	Netball	Activities.	sports activities.	fitness,			
opportunities to	Uni-hoc	Handball		enjoyment and			
improve skills,	Dodgeball	Basketball		competition			
fitness,	Short Tennis	Football	Level 2 Sports	Recreational			
enjoyment and	Fitness Circuit	Netball	<u>Leaders</u>	clubs and school			
competition	Fitness Training	Uni-hoc	Theory on	teams.			
Recreational	methods	Dodgeball	leadership.	opportunities.			
clubs, Individual	OAA	Short Tennis	Practical				
tournaments,	Athletics	Fitness Circuit	experience				
House	Softball	Fitness Training	leading the PE				
tournaments		methods	lessons for				
and	Extra curricular	OAA	Handsworth				
school/district	opportunities to	Athletics	Primary students.				
team	improve skills,	Softball	Volunteering at a				
opportunities.	fitness,		variety of events.				
	enjoyment and	Extra curricular					
	competition	opportunities to	Extra curricular				
	Recreational	improve skills,	opportunities to				
	clubs, Individual	fitness,	improve skills,				
	tournaments,	enjoyment and	fitness,				
	House	competition	enjoyment and				
	tournaments	Recreational	competition				
	and	clubs, Individual	Recreational				
	school/district	tournaments,	clubs, Individual				
	team	House	tournaments,				
	opportunities.	tournaments	House				
	P. P	and	tournaments and				
		school/district	school/district				
		team	team				
		opportunities.	opportunities.				
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